



Fwd: Cyclo-Cross update

Graham Hart <coach@essexroads.com>
To: coach@essexroads.com

22 January 2011 13:13

Hi all-please see the following message from Mark Wyer, one of our regional British Cycling coaches. Contact him by phone or email if you want to borrow a cyclo-cross bike for the team event. The video on youtube is worth a look if you've not seen a 'cross race before.

thanks, Graham

----- Forwarded message -----

From: **Mark Wyer** <markwyer@britishcycling.org.uk>

Date: 20 January 2011 21:27

Subject: Cyclo-Cross update

To:

Cc: Nigel Hampton <nigelhampton@britishcycling.org.uk>, Alison Lilley <alisonlilley@britishcycling.org.uk>, Keely Bunton <KeelyBunton@britishcycling.org.uk>, John Stockwell <johnstockwell@britishcycling.org.uk>

Hi,

A couple of bits of Cyclo-Cross news for you.

First of all a reminder that the Eastern Cyclo-Cross Team Champs are on Sunday 6th Feb at Danbury Outdoors. We would like to see as many Eastern Region Youth and Under 12 teams as possible. I can loan out some of our Cyclo-Cross bikes for any riders in the Youth Race without one. Contact me to book them. It should be a great event building on the first one last year. There are medals for all the members of the first three teams.

More details here: <http://www.easterncross.org.uk/race10-11-m1.htm>

Secondly the Eastern Cyclo-Cross Association has produced a promotional video for youth cyclo-cross. It follows Francesca Morgans-Slader from LUYCC taking part in an Eastern League event. Feel free to forward the link to schools or riders you work with who may be interested in giving cyclo-cross a go.

<http://www.youtube.com/watch?v=IWKaAYapnyE>

Best wishes,
Mark.

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